



If you or someone you know has been diagnosed with breast cancer, the following information may be useful. Please note that some of the programs have specific qualifying requirements, while others are available to all.

- **Y-Me National Breast Cancer Organization** (www.y-me.org or 1-800-221-2141 (English) or 1-800-986-9505 (Spanish) is an Avon Foundation beneficiary whose mission is "to ensure that no one faces breast cancer alone." They offer informative literature and a "spouses/partners" hotline to assist loved ones of those with cancer.
- The **American Cancer Society** (www.cancer.org) has regional offices where reliable information, support groups and other resources can be found.
- The **Cancer Information Service** of the National Cancer Institute (1-800-4-CANCER) is a source for reliable and up-to-date information on all cancers. They, too, have an online mechanism called "Live Help," through which an individual can be connected "real time" with a cancer specialist.
- Look Good, Feel Better program offering free seminars to help overcome the appearance-related effects of cancer and cancer treatment. 800-395-LOOK. www.lookgoodfeelbetter.org.
- **CancerCare** provides a wide range services for people with cancer and their families, and they can assist in navigating how to access funding for treatment. The Avon Foundation funds a program through CancerCare called the AVONCares Program, which provides funds for support services such as transportation to and from treatment, and/or child or elder care for qualifying individuals while the patient is undergoing treatment. The web address is www.cancercare.org or call 800-813-HOPE (4673).
- The **National Breast Cancer Coalition** is a breast cancer advocacy organization that specializes in providing medical education to the public and training breast cancer advocates. However, they also have a publication called *The Guide to Quality Breast Cancer Care* at www.stopbreastcancer.org. NBCC can also be reached at 202-296-7447.
- The website www.breastcancer.org has information and a special section called "Celebrity Talking Dictionary" in which celebrities provide the definitions of the technical language of breast cancer.
- For working women, who are balancing work demands with their cancer diagnosis and treatment, we recommend the website and workbook called **Cancer and Careers**, available through the Cosmetic Executive Women Foundation at www.cancerandcareers.org or call 212-685-5955. The Avon Foundation is a founding sponsor of this program.
- A source of support and information for women diagnosed under the age of 40 is the **Young Survival Coalition**. This group focuses on the issues and needs of younger women with breast cancer. Reach them at youngsurvival.org <http://youngsurvival.org/>

- The **Children's Treehouse Foundation** is a program funded by the Avon Foundation that focuses on helping the young children of people diagnosed with cancer. Their website address is www.childrenstreehousefdn.org
- **Ribbon of Pink**, at www.ribbonofpink.com , is a website designed for women who have completed their initial treatment and are “living beyond breast cancer.”

In addition, at our website www.avonfoundation.org (on the Breast Cancer Crusade section) can be found the **Avon Breast Health Resource Guide** (in English and Spanish), with additional resources, a glossary of terms, and breast cancer information, and the **online support group** for breast cancer patients and survivors to share information, support and hope.